



INDYDERM  
COSMETIC & MEDICAL DERMATOLOGY

## Post Op Instructions

### Shave/Punch biopsy

- Keep the wound dry for 24 hours
- Wash twice daily with soap and water
- Apply vaseline/aquaphor/petrolatum twice daily and cover with a band-aid if the ointment will get on clothes. Follow this regimen until the wound is healed.
  - The goal is to keep the wound moist with the ointment, as this will speed up the healing process
- If you have sutures, minimize tension on the sutures to avoid the sutures breaking and the wound opening.